



All breakfasts are served with milk, juice, and fruit.
All lunches are served with 1% white or fat free chocolate milk.

CENTRAL LYON MENU ~ OCTOBER 2026



BREAKFAST

BREAKFAST PRICES:

Student: Free
Adult: \$1.90
Second Juice: \$.40

LUNCH PRICES:

Grades TK-6: \$2.40
Grades 7-12: \$2.50
Adult: \$5.25
Second Entrée: \$2.50
Extra Milk: \$.40

BREAKFAST SERVING

TIME IS
7:45am - 8:05 am

Menu items are subject to change without notice. If you have any questions or concerns, please contact Adam Top, Food Service Director, at (712) 472-2664.

This institution is an equal opportunity employer.

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

19 Dutch Waffle Yogurt Breaded Chicken Patty Tater Tots Steamed Broccoli Apple Slices	20 Breakfast Sandwich Chili and Cinnamon Roll Baby Carrots w/Ranch Pears	21 Apple Frudel Yogurt Meatball Sub Mozzarella Cheese Steamed Peas Broccoli w/Ranch Strawberry Applesauce	22 Cereal Toast Spaghetti w/meat sauce Cheesy Breadstick Romaine Lettuce Green Beans Fruit Cocktail	23 Scrambled Eggs Hashbrown Patty Taco in a Bag Lettuce, Cheese Fiesta Corn Salsa Grapes
26 French Toast Sticks w/Syrup Yogurt Chicken Noodle Soup Cheese Sandwich Carrots w/Ranch Raspberry Applesauce	27 Breakfast Pizza Hot Ham and Cheese Hashbrown Patty California Vegetable Apple Crisps	28 Cereal Toast Sloppy Joe on a Bun Pickles Ranch Potato Wedge Celery w/Ranch Watermelon	29 Pancake Sausage Link ChickenDrumsticks 2-12 ChickenDrummies TK-1 Cheddar and Herb Mashed Potatoes Green Beans Mandarin Oranges	30 Donut Yogurt Grilled Hamburger on a Bun w/Lettuce, Tomate and Pickle Baked Chips Baked Beans Sugar Cookie Thank You Lyon County Cattleman
			FALL DAYS — are — FUN DAYS	

BREAKFAST LUNCH

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